

RIA SCHOOL LUNCH MENU 2017
(List of Dishes)

Starters and Soups

Chicken Sausage Salad



Minestrone Soup



Cous cous



Mushroom Soup



Pasta Salad



Pumpkin Soup



Russian Rice Salad



Potato and Leek Soup



Corn Salad



Creamy Carrot Soup



Tomato and Lettuce Sandwich



Garden Salad



German Salad



Chestnut Soup



Main Dishes

(all served with a side / vegetables)

Grilled Sausages (not pork)



Udon Noodles with Beef, Veg and Oyster Sauce



Light Chicken Curry



Lasagna



Confit de Canard (Duck)



Milk Boiled Halibut Fillets



Roasted Chicken Legs



Sweet and Sour Sole Fish Nuggets



Macaroni and Cheese



Stir-fried Skinny Noodles with Beef



Penne Pasta Boscaiola (white sauce)



Fish Fingers and Tartar sauce



Grilled Chicken Wings



Pizza Tray



Sides
and
Vegetables

Grilled Tomato



Carrots



Baby Cabbage



Grilled Mixed Vegetables



Broccoli



Spinach



Mashed Potato



Cucumber and Tomato Salad



Rice



Roasted Pumpkin



Mushrooms



Desserts

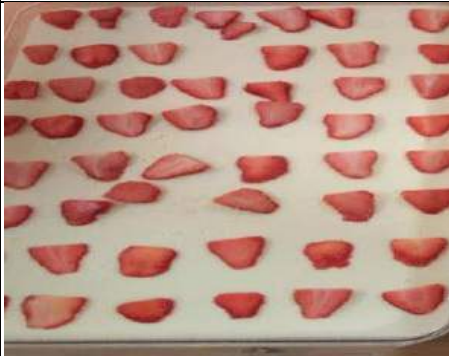
Tiramisu



Watermelon



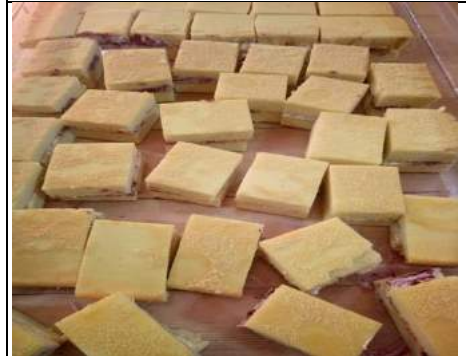
Yogurt Mousse with Strawberry



Fruit Salad



Vanilla Sabayon and Cream Cake



Banana Pie



Yoghurt



Madelaine Sponge cake



Chocolate Mousse



Apple Pie

